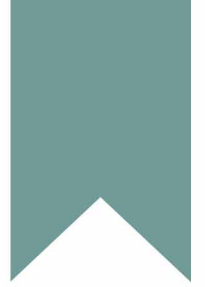


Weekly Meal Plan



S M T W Th F S

b

l

d

s

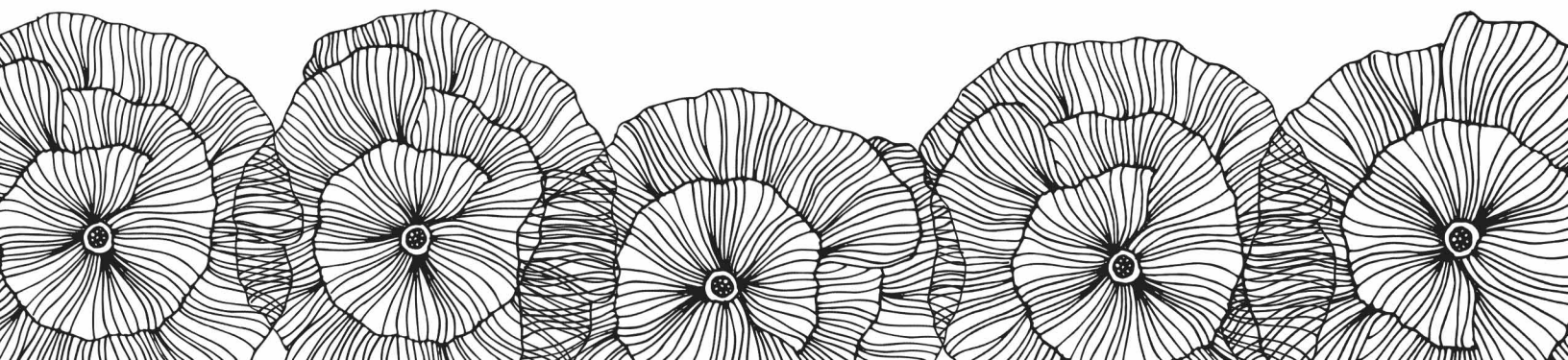
S M T W Th F S

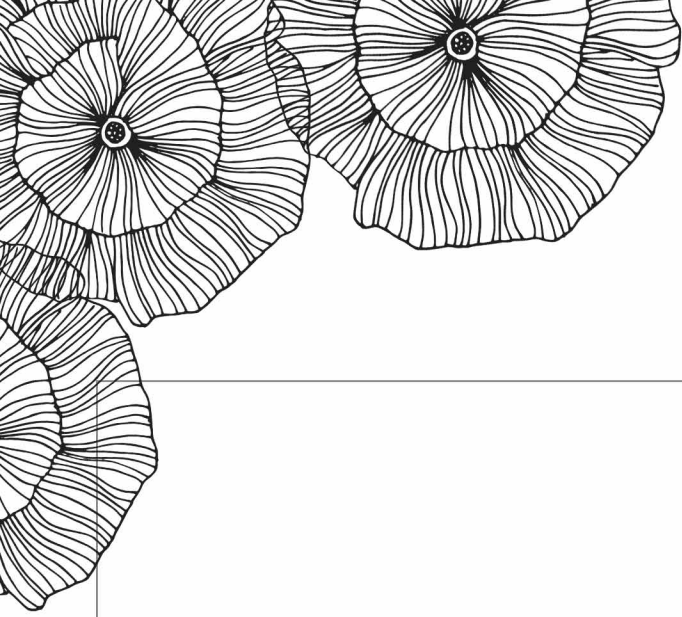
b

l

d

s





grocery list

PRODUCE

DAIRY

MEAT

BREAD

CANNED GOODS

BAKING & SPICES

FROZEN FOOD

OTHER